

2011 MTV Time Trial Series



Held Under USA Cycling Event Permit, 2011 - 2460

Held monthly, the MTV Time Trial Series, is an opportunity for riders and racers to measure their improvements over the course of a season. Open to any rider with a racing license and a track bike to be timed and battle the clock.

EVENT DATES

Sat 6/25
Sat 7/16
Sat 8/27
Sat 9/24

SCHEDULE

7 - 7:45 am, Registration
7 - 8:00 am, Warm-up
8 am - noon, Racing

FORMAT

200m
500m or 1000m
2km or 3km or 4km
Team Sprint
Team Pursuit

Riders register for 2 events, plus an optional third event. All riders race their first two events, then as time allows, everyone rides their 3rd event until 2 pm.

CATEGORIES

Event	Categories Youth	Women	Men	Masters
Flying 200 m	Youth 10-14, 15-16	Women 17+, 30+, 40+	Men 17+, 30+, 40+	Men 50+
500 m	Youth 10-14, 15-16	Women 17+, 30+, 40+		Men 50+
1000 m	Youth 10-14,		Men 17+, 30+, 40+	
2 Km	Youth 15-16	Women 30+		Men 50+
3 Km		Women 17-29	Men 17+, 30+, 40+	
4 Km			Men 19+, 30+, 40+	
Team Sprint	3 laps men, 2 laps women	Women 17+	Men 17+	Men 40+
Team Pursuit	3 or 4 rider teams	Women 17+	Men 17+	Men 40+

EQUIPMENT

Riders must use a bike valid for track time trials

AWARDS

No daily / cash awards. A Rider's best 2 rides at each distance count towards overall. Overall awards based on gender, and age divisions, listed above, Riders must be present and the final event, September 24, to be eligible for overall. There is also an Eddy Merckx category.(no carbon, no aero, no bull-horns, no clip-ons)

ENTRY FEE

All riders, \$20, online through Truesport.com, up through 10pm, the night before each event. Same day registration add \$10.

WEATHER CONSIDERATIONS

The weather policies of Indy Parks may require the cancellation or delay of some events. Events cancelled before first rider starts will receive credit towards a future event.

Description of Events

Flying 200 meter Time Trial

The gold standard for measuring sheer power output, anyone that considers themselves a sprinter knows what their 200m time is. Riders roll onto the track from the back straight, with 2 1/2 laps to go. 1 1/2 laps later, they receive the bell, then sprint to the finish.

Kilometer and 500 meter Time Trial

Certainly the simplest and arguable the toughest event on the track. From a standing start go as fast as you can to the finish. Brute strength and speed are required for the first 90% and a little endurance and mental skills are needed in the last 10%. Many events are won and lost in the last 10%. Can you hold it together or will you come apart right before the line? Depending on how many riders are in attendance, riders may start alone, or have someone to chase that is starting on the opposite straightaway.

Pursuit, 2km, 3km, 4km

Two riders start on either side of the track with the idea being to catch your opponent or complete the distance in the quickest time. This is where you may see some high-tech equipment as carbon fiber wheels, aero bars/helmets, and skin suits. Depending on how many riders are in attendance, riders may start alone, or have someone to chase that is starting on the opposite straightaway.

Team Events

Team Sprint - Teams of 2 or 3 riders have each team member lead one lap, then drop out. The time is taken from the lone team member still on the track. A very fast event! Teams race 1 at a time, starting and finishing on the home straight.

Team Pursuit - Teams of 3-4 riders take turns breaking the wind for their teammates, before peeling off the front, up the banking, then onto the back of their teammates. Often, one teammate will sacrifice themselves for the team, as the time is taken from the third rider of the team. Teamwork is the key to this event! Teams race 1 at a time, starting and finishing on the home straight.

Online Registration:

Riders must have a valid USAC racing license

Register online at:

<http://www.TrueSport.com/register/events/mtv>
through 10 pm the night before each event.

Same day registration, by cash or check only, add \$10 late fee.



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Other Information:

We have added a second start clock this year, allowing us to race 2-ups as-needed.

More information online at: <http://www.marian.edu/lakesullivan>

IndySpeed is a 501c3 Not-for-profit organization that promotes amateur cycling in central Indiana.

[Make a donation](http://www.indyspeed.org/sponsors/) at: <http://www.indyspeed.org/sponsors/>

Any donations to IndySpeed, including sporting gear, track cycling gear, to support our programs are greatly appreciated, and may be tax-deductible.